

Health Genometer Smart Plan

TAILORED GENOMIC TESTING FOR YOUR "WELL BEING"

CONTACT US:

✉ marketing@godrejhospital.com

☎ +918657892447

Unearth your genetic risk factors for significant health conditions and embark on a journey towards better health with Health Genometer Smart Plan, the personalized genomic testing platform.

Health Genometer Smart Plan Covers



41 Genetic Medical Conditions
like cancer & rare diseases



30+ Health Risks
like cardiac diseases, diabetes, PCOS, etc



58 Pathological Tests
like cardiac markers, lipid & more



Get A personalized Health Guide,
based on 50+ diet & physical health traits

Features and Benefits

Personalized Healthcare

The Health Genometer Smart Plan adopts a personalized approach to healthcare, leveraging individual genetic data to create a customized health improvement strategy.

Early Detection

This plan assists individuals in identifying their genetic predisposition to major diseases at an early stage, enabling them to take necessary preventive measures.

Preventive Care

The Health Genometer Smart Plan supports individuals in making lifestyle modifications to reduce the risk of developing significant diseases.

Comprehensive Testing

It offers a variety of genetic tests, screening for a wide array of genetic variants linked to major diseases.

Accurate Results

The Health Genometer Smart Plan utilizes cutting-edge technology and methods to deliver precise and reliable test results.

Expert Support

Customers of the Genetic Health Plan have access to a team of genetic counselors who provide guidance on comprehending test results and devising a strategy to manage health risks.

	Health Genometer Smart Plan	Normal Full Body Test
Health Risk Assessment	✓	✗
Medical Genetic Condition Screening	✓	✗
Pathological Test	✓	✓
Diet and Nutrition Traits Assessment	✓	✗
Physical Health Related Traits Assessment	✓	✗
Personalised Diet and Exercise Recommendations	✓	✗
Personalised Health Monitoring Recommendations	✓	✗
Genetic Counselling/ Medical Consultation	✓	✗

World's Most Powerful Preventive Test

CONTACT US:

✉ marketing@godrejhospital.com

☎ +918657892447

Health Genometer Smart Plan FAQs

1. What is the Health Genometer Smart Plan?

Health Genometer Smart Plan is a Genomic test that identifies genetic variants that may impact your health and provides a personalized preventive health report.

2. How is Health Genometer Smart Plan helpful?

Health Genometer Smart Plan allows individuals to discover their genetic predispositions to certain conditions and diseases, enabling proactive monitoring and the possibility of preventive care solutions before the onset of serious health issues.

3. What do I get by Health Genometer Smart Plan?

Clinical grade whole exome sequencing, Interpretation of the findings by an expert team trained in data curation and an easy to understand report of your genetic findings.

4. What are the various medical conditions covered in Health Genometer Smart Plan?

Health Genometer Smart Plan analyses and identifies specific medical conditions that an individual may have or be at risk for. This can include both existing conditions and potential future risks based on genetic profiling and other factors. Eg. Hereditary Cancer Phenotypes, Cardiovascular diseases, Inborn errors of metabolism.

5. What technology is utilised in Health Genometer Smart Plan and what is the TAT?

Health Genometer Smart Plan utilises advanced Next-generation Sequencing (NGS) methodology, specifically employing a technique called whole exome sequencing (WES).

The Health Genometer Smart Plan report typically takes 4 weeks to be ready after the sample is received at the HaystackAnalytics laboratory. This timeframe accounts for various steps involved, including sequencing, data analysis, quality checks and final review before the genetic report is generated.

6. Do I need a doctor's prescription to get this test done and how is the sample collected?

No, a doctor's prescription is not always required to obtain preventive genetic testing, although it is advisable to consult with a healthcare professional for guidance and interpretation of the results.

Health Genometer Smart Plan typically requires a blood sample. For your convenience, HaystackAnalytics offers an option where a professional can visit your home to collect the blood sample. To learn more about this service and obtain detailed information, please reach out to our Client Services Team.

7. How does genetic testing work?

Step 1: You provide a Blood sample.

Step 2: Your DNA is extracted.

Step 3: Your genetic predispositions are analysed.

Step 4: We provide you a report with an actionable insight.

8. What happens if I struggle to understand the test results?

You can understand your report from a complimentary one-on-one session with a certified genetic counsellor who will assist you in comprehending the test results and any genetic findings that may be present.

9. What happens during a comprehensive post-test genetic counselling session?

During a comprehensive post-test genetic counselling session, the genetic counsellor will conduct a thorough review of the patient's medical history and inquire about their family medical history. They will discuss the genetic test results in detail, explaining the implications and potential significance for both the patient and their family. The counsellor will address any concerns or questions the patient may have and provide personalised guidance based on the test results. A consult note summarising the session will be shared with both the healthcare provider and the patient for their records and reference.

10. Does my data get deleted or is it saved by HaystackAnalytics?

Once the DNA sample has been sequenced, your data is securely encrypted in our cloud storage. We prioritise the protection and confidentiality of your information. Rest assured that we do not share or sell this data to any third parties without your explicit consent. Your privacy and control over your genetic information are of utmost importance to us.

How do you ensure that my data is safe?

- HaystackAnalytics adheres to Health Insurance Portability and Accountability Act (HIPAA) to protect confidentiality.
- Your report is only given to you and your primary care physician.
- It is HaystackAnalytics' policy that genomic data, including VCF (variant call file) and BAM, be kept for 2 years for regulatory and legal archival purposes and no other use.

Powered by HaystackAnalytics

Based out of IIT Bombay, HaystackAnalytics is a HealthTech company creating clinical genomics products, which enable diagnostic labs and hospitals to offer accurate and personalized diagnostics. Supported by India's most respected science agencies (DST, BIRAC, DBT), we created and launched a portfolio of products to offer genomics in infectious diseases.